

The Green Sailing Guide

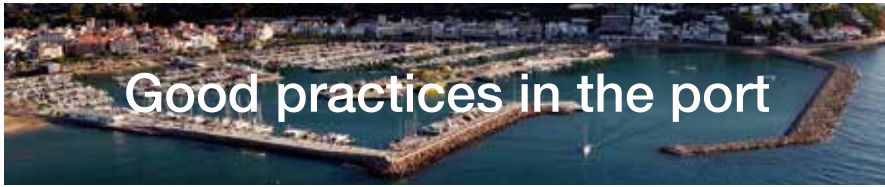


Good practices for
sustainable navigation in
the Port, the Natural Park
and the Marine Reserve



CLUB NÀUTIC ESTARTIT

The Port of the Medes Islands



Good practices in the port



Boat
speed limit
3 knots



Make a
rational use
Save water



Make a
rational use
Save energy



Act
sustainably
Recycle



Modulate
noises day
and night



Do not supply or
transfer any type of
fuel, oils, bilges...
outside the space
enabled at the petrol
station



Do not throw
or dispose
any type of
waste in the
water nor
ground



Cars
speed limit
20 km



Do not use
inside the
port



Park the vehicle
correctly in the
indicated areas



Respect the
directions of our
professional team

Please, at any time, act complying with the Private Regulations for Management and Police of the Club Nàutic Estartit

Good practices in the Medas Islands Reserve



Boats
speed limit
3 knots



The use of anchor
is not allowed.
Use the buoys



Access to
the islands is
not allowed



Do not throw
or dispose any
type of waste
in the water



Do not disturb
marine life, do not
touch or feed
animals and plants



Respect
the alpha
diving flag



The Montgrí, Medas Islands & Baix Ter Natural Park

- Remember that you're inside a Natural Park. Please, respect the fauna and flora of the surroundings.
- The conservation of this privileged environment will allow us to enjoy ourselves and our future generations.
- Learning about nature and our environment, knowing its biological richness, its diversity and its fragility is a good opportunity to preserve this natural treasure.

Thank you so much!

join the
**#green
Sailing**



Make a rational use of water, do not leave the taps open when it is not necessary



Take advantage of natural light. Turn off the lights and disconnect the devices when not in use



Do not throw or dispose any type of waste in the water nor ground
Dispose of each non-hazardous waste in its specific container

PACKAGING

PAPER

GLASS

ORGANIC



Reduce noises day and night. Respect the others



**3
kts**

Respect the speed limit in land and sea



Choose organic products and use the appropriate doses



Never anchor on the meadows of Posidonia, even outside the protected area of the Medes islands



CLUB NÀUTIC ESTARTIT

The port of the Medes Islands

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**ACORDS
VOLUNTARIS**